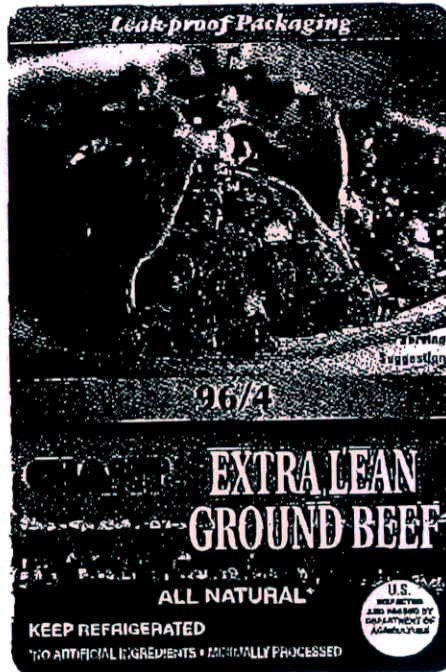
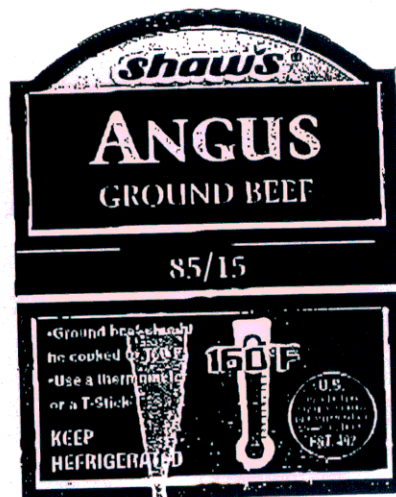






TRADER JOE'S® BUTCHER SHOP
FINE QUALITY MEATS

GROUND BEEF 85/15

**PERISHABLE
KEEP REFRIGERATED**

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 1892

DIST. & SOLD EXCLUSIVELY BY:
TRADER JOE'S, MONROVIA, CA 91016

NET WT. 16 OZ (1 LB) 454g

Nutrition Facts
Serving Size 4 oz (112g)
Servings Per Container 4

Amount Per Serving		% Daily Value*
Calories 240	Calories from Fat 150	
Total Fat 17g		26%
Saturated Fat 7g		35%
Trans Fat 1g		
Cholesterol 75mg		25%
Sodium 75mg		3%
Total Carbohydrate 0g		0%
Dietary Fiber 0g		0%
Sugars 0g		
Protein 21g		
Vitamin A 0%	Vitamin C 0%	
Calcium 2%	Iron 1%	

* Percent Daily Values are based on a 

0090 4032

TRADER JOE'S® BUTCHER SHOP
FINE QUALITY MEATS

GROUND BEEF 80/20

**PERISHABLE
KEEP REFRIGERATED**

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 1892

DIST. & SOLD EXCLUSIVELY BY:
TRADER JOE'S, MONROVIA, CA 91016

NET WT. 16 OZ (1 LB) 454g

Nutrition Facts
Serving Size 4 oz (112g)
Servings Per Container 4

Amount Per Serving		% Daily Value*
Calories 290	Calories from Fat 200	
Total Fat 23g		25%
Saturated Fat 9g		40%
Trans Fat 1.5g		
Cholesterol 80mg		27%
Sodium 75mg		3%
Total Carbohydrate 0g		0%
Dietary Fiber 0g		0%
Sugars 0g		
Protein 19g		
Vitamin A 0%	Vitamin C 0%	
Calcium 2%	Iron 10%	

* Percent Daily Values are based on a 

0090 4049

TRADER JOE'S® BUTCHER SHOP
FINE QUALITY MEATS

GROUND BEEF PATTIES 96/4

Extra Lean

**PERISHABLE
KEEP REFRIGERATED**

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 1892

DIST. & SOLD EXCLUSIVELY BY:
TRADER JOE'S, MONROVIA, CA 91016

NET WT. 16 OZ (1 LB) 454g

Nutrition Facts
Serving Size 1 patty (112g)
Servings Per Container 1

Amount Per Serving		% Daily Value*
Calories 150	Calories from Fat 45	
Total Fat 5g		8%
Saturated Fat 2.5g		13%
Trans Fat 0g		
Cholesterol 70mg		23%
Sodium 75mg		3%
Total Carbohydrate 0g		0%
Dietary Fiber 0g		0%
Sugars 0g		
Protein 24g		
Vitamin A 0%	Vitamin C 0%	
Calcium 2%	Iron 15%	

* Percent Daily Values are based on a 

0090 4056



*natural**

85/15 angus ground beef

- never given antibiotics ✓
- never given hormones ✓
- fed 100% vegetarian diet ✓



keep refrigerated

* Contains no artificial ingredients. Minimally processed.

DISTRIBUTED BY SUPERVALU INC.
EDEN PRAIRIE, MN 55344 USA
PROD. IN USA

Contact us: 77-932-7868
www.will natural.com

TRADER JOE'S
BUTCHER SHOP
FINE QUALITY MEATS

GROUND BEEF PATTIES 85/15

**PERISHABLE
KEEP REFRIGERATED**

U.S. & SOLD
EXCLUSIVELY BY:
TRADER JOE'S
NEEDHAM, MA 02494
SKU# 090406



Nutrition Facts

Serving Size 1 patty (113g/4 oz)
Servings Per Container Varied

Amount Per Serving		Calories from Fat 150	
		% Daily Value*	
Calories 240			
Total Fat 17g		26%	
Saturated Fat 7g		35%	
Trans Fat 1g			
Cholesterol 75mg		25%	
Sodium 75mg		3%	
Total Carbohydrate 0g		0%	
Fiber 0g		0%	
Sugars 0g			
Protein 21g			

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 15%
*Percent Daily Values are based on a 

FRESH GROUND BEEF

**Price
Chopper**

200% MONEY BACK GUARANTEE

FRESH GROUND BEEF CHUCK FOR CHILI

80% LEAN • 20% FAT

**KEEP REFRIGERATED
COOK TO 160°F**

Nutrition Facts

Serving Size 4 oz. (113g)
Servings Per Container Varied

Amount Per Serving		% Daily Value*	
		Calories from Fat 200	
Calories 290			
Total Fat 23g		31%	
Saturated Fat 9g		45%	
Cholesterol 75mg		25%	
Sodium 65mg		3%	
Total Carbohydrate 0g		0%	
Dietary Fiber 0g		0%	
Sugars 0g			
Protein 21g		38%	

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%
*Percent Daily Values are based on a 



USE A THERMOMETER
PLACE COOKED BEEF ON A CLEAN PLATE

EXTRA LEAN GROUND BEEF 96/4



**American Heart
Association**

Meets American Heart Association food
criteria for saturated fat and cholesterol
for healthy people over age 2.

The following factors affect heart health:
cholesterol, saturated fat, and sodium. The
amount of each in the diet is important.

Nutrition Facts

Serv Size 4 oz. (113g)
Servings Per Container Varied
Calories 110

Amount Per Serving
Calories from Fat 10

Amount Per Serving		% Daily Value*	
		Calories from Fat 10	
Calories 110			
Total Fat 1g		2%	
Sat Fat 0g		0%	
Cholesterol 0mg		0%	
Sodium 20mg		3%	
Protein 21g		38%	

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%

MEATLOAF & Meatball Mix



Use fresh ground beef, onion, and tomato sauce to create your own.

Nutrition Facts

Serv Size 4 oz. (114g)
Servings Varied
Calories 290
Cal from Fat 200

*Percent Daily Values (DV) are based on a 

Amount Per Serving		% Daily Value*	
		Calories from Fat 200	
Calories 290			
Total Fat 23g		35%	
Sat Fat 9g		45%	
Cholesterol 80mg		27%	
Sodium 65mg		3%	
Protein 20g		38%	

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 8%

FRESH GROUND BEEF 100% BEEF • CONTAINS 20% FAT

Nutrition Facts

Serv Size 4 oz. (113g)
Servings Varied
Calories 290
Calories from Fat 200

*Percent Daily Values (DV) are based on a 

Amount Per Serving		% Daily Value*	
		Calories from Fat 200	
Calories 290			
Total Fat 23g		35%	
Sat Fat 9g		45%	
Cholesterol 75mg		25%	
Sodium 65mg		3%	
Protein 21g		38%	

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%

KEEP REFRIGERATED

ALWAYS COOK GROUND BEEF TO AN INTERNAL TEMPERATURE OF 160

LEAN GROUND BEEF 100% BEEF • CONTAINS 5% FAT

Nutrition Facts

Serv Size 4 oz. (113g)
Servings Varied
Calories 170
Calories from Fat 70

*Percent Daily Values (DV) are based on a 

Amount Per Serving		% Daily Value*	
		Calories from Fat 70	
Calories 170			
Total Fat 3g		12%	
Sat Fat 1g		15%	
Cholesterol 65mg		22%	
Sodium 70mg		3%	
Protein 24g		38%	

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%

KEEP REFRIGERATED

FRESH GROUND BEEF 100% BEEF • CONTAINS 15% FAT

Nutrition Facts

Serv Size 4 oz. (113g)
Servings Varied
Calories 240
Calories from Fat 150

*Percent Daily Values (DV) are based on a 

Amount Per Serving		% Daily Value*	
		Calories from Fat 150	
Calories 240			
Total Fat 17g		26%	
Sat Fat 7g		35%	
Cholesterol 75mg		25%	
Sodium 65mg		3%	
Protein 22g		38%	

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 10%

KEEP REFRIGERATED

ALWAYS COOK GROUND BEEF TO AN INTERNAL TEMPERATURE OF 160